

CELEBRATING WORLDLY INDULGENCES & LUXURY LIVING

CAVIAR AFFAIR

Tuxedos
& Time Pieces
Always in Season

Black Water
Pearls

Bespoke
Travel:
*Switzerland,
Italy, Turkey
Bhutan*



Fine Dining • Own a Villa • Tasty Tequilas • New Caviar

WINTER 2009

Looking Good

Some of the world's best wellness centers, such as San Francisco's HER Club, Hilton, Athens, and One&Only spas, have the Power Plate and now you can own your own. This sleek device uses the principles of Acceleration Training to stimulate the body's natural response to vibration. It transmits waves of energy throughout the body, activating muscle contractions between 25 and 30 times per second, enhancing overall performance.

powerplate.com

