

📅 Monday, July 27, 2009

Spa-licious!

Emena Spa - Miami Design District

Are you in need of some "ME time"? Head to [Emena Spa](#), the first eco-luxury spa in Miami's hip Design District neighborhood. Its name inspired for the Greek work for "me", Emena Spa's treatments are state-of-the-art, its decor serene and soothing. Sip wheat grass juice, organic tea or fruit-infused water while you wait in the relaxation lounge or browse the gift shop's organic products. Something cool: Emena boasts the Power Plate workout system, whose vibrating platform activates all muscles to give you an intensified workout in a shorter amount of time. Emena's [Miami Spa Month](#) offerings include your choice of a 55-minute custom organic facial and a 1 hour integrative massage or a Cranberry Sugar Scrub with Chocolate Truffle Wrap and one LED Light Therapy Treatment. Cost is \$99, excluding tax and gratuity. Reservations are required, so call to book this special before Miami Spa Month ends. *Hot tip:* Miami Spa Month has been extended through August 31, 2009. [Emena Spa](#) is located at 180 NE 39th Street, Miami; tel: (305) 438-3777.

🗨️ posted by Carolyn Keating at [10:17 AM](#) 