

It adjusts to more settings. It can change more lives.

pro5

AIRDAPTIVE™

The Power Plate® pro5 AIRdaptive™ unit gives you more machine to suit more people by providing the largest variety of settings and adapting to more individual users than any other machine we offer. The Power Plate® pro5 AIRdaptive™ machine has variations for heavier individuals, high intensity trainers, very lightweight individuals or people who are in fragile condition. That makes it perfect for a family with multiple users who each have different health and fitness needs. The Power Plate® pro5 AIRdaptive™ machine is also ideal in health clubs and wellness centers, allowing users to adjust the AIR settings precisely for their body type and fitness or wellness goals. The machine is not a miracle. But where it takes you is.

POWER PLATE®
pro5
AIRDAPTIVE™

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Technical Specifications of the Power Plate® pro5 AIRdaptive™ model

Color (standard)	Silver
Maximum load (weight upon machine)	227 kilograms / 500 pounds
Operation	User-friendly interactive display
Frequency / Pre-set Frequencies	25 to 50 Hertz / 30, 35, 40, and 50 Hertz
Time Selections	30, 45 or 60 seconds / up to 9 minutes
Vibration Energy Output	Low or High
Dimensions (W x D x H)	87 cm x 107 cm x 156 cm / 34 in x 42 in x 61 in
Weight	158 kilograms / 348 pounds
Power Supply	110-120 VAC, 60 Hertz, Voltage Specific
Nominal Power	.35 kw (in operation)
Certifications	CE and EMC (TUV certified); RoHS / WEEE compliant; IFI accredited
AIRdaptive™ Settings 1, 2 or 3	1 = up to 60 kilograms / 130 pounds 2 = between 60-90 kilograms / 130-200 pounds 3 = above 90 kilograms / 200 pounds

Additional Features

The Power Plate® pro5 AIRdaptive™ model provides the largest range of settings and adapts to more users than any other machine we offer. This unit is distinguished by its capacity for 45 kilograms / 100 pounds of extra load and three air settings to adjust for the user's needs.

